Dish: Ep 10, 3 August 2022 Scarlett Moffatt and a speedy coconut & prawn curry Length: 33:22 mins

TIMECODE	DIALOGUE
	Nick Grimshaw: Our podcast might contain the occasional mild swear word or adult theme.
[00:00:00]	Nick Grimshaw Hello. I'm Nick Grimshaw.
[00:00:01]	Angela Hartnett And I'm Angela Hartnett.
[00:00:02]	Nick Grimshaw And together we are
[00:00:04]	Angela Hartnett Angela and Nick.
[00:00:04]	Nick Grimshaw Angela and Nick! Yeah! Welcome to Dish from Waitrose, the podcast that celebrates the best things in life really, eating, drinking and great conversation.
[00:00:15]	Angela Hartnett Every week we welcome a famous face.
[00:00:18]	Nick Grimshaw For a Michelin Star meal.
[00:00:20]	Angela Hartnett That's right. Now let's get started Mister.
[00:00:25]	Angela Hartnett You look like you're about to stab me with that.
[00:00:26]	Nick Grimshaw No, I'm not, I'm going to join in, but what is going on here?
[00:00:30]	Angela Hartnett We're basically getting out the, the poo sack, if you like, from the prawns. You see that grey line down the back of them?
[00:00:37]	Nick Grimshaw Yeah.
[00:00:38]	Angela Hartnett That's basically where they go to
[00:00:40]	Nick Grimshaw So that, so my day is starting by helping Angela Hartnett remove poo from a prawn.
[00:00:45]	Angela Hartnett Or you could eat it, would you like to do that?
[00:00:48]	Nick Grimshaw No I don't want to eat it.
[00:00:48]	Angela Hartnett Exactly. So then stop you're whinging.
[00:00:51]	Nick Grimshaw They have very neat poos, prawns don't they?

[00:00:53]	Angela Hartnett Yes.
[00:00:53]	Nick Grimshaw Like Posh Spice's poos these.
[00 00 55]	A see to the dead Assette O
[00:00:55]	Angela Hartnett Are they?
[00:00:56]	Nick Grimshaw Yeah they're like tiny little skinny ones. So what are these prawns for? Just for a bit of fun.
[00:01:03]	Angela Hartnett Yeah exactly, to make you do something. We're going to have a lovely little light coconut curry.
[00:01:09]	Nick Grimshaw Oh, yum.
[00:01:10]	Angela Hartnett So we've got it, look over here in one I prepared earlier. We have it all simmering away.
[00:01:15]	Nick Grimshaw Ooh that looks great.
[3, 24.
[00:01:17]	Angela Hartnett It's doing nothing so I need to switch it on.
[00:01:18]	Nick Grimshaw That looks nice.
[00.01.16]	NICK Griffshaw That looks flice.
[00:01:19]	Angela Hartnett And then we're going to simmer that down. And literally, that's the great thing, like everyone gets worried about curries, but it's all the base is there. So you've got garlic, ginger. I've put a little bit of onion in there as well, curry powder, coconut milk. And then you've got, you know, the clever people at Waitrose have given us a bag of ready done stir fried veg. So you pop that in.
[00:01:41]	Nick Grimshaw That's quite good in the week when you
[00:01:42]	Angela Hartnett Yeah. When you want quick and easy. And then all we're going to do is add the prawns in and you can get this recipe on Waitrose.com/dishrecipes.
[00:01:53]	Nick Grimshaw Dish recipes.
[00.01.00]	NION OTHERS DISTITION PCS.
[00:01:56]	Angela Hartnett Dish recipes.
[00:01:56]	Nick Grimshaw Dish recipes.
100.01.001	MICK CHINGINGW DISH ICCIPES.
[00:01:57]	Angela Hartnett Does sound, it's hard isn't it?
[00:01:58]	Nick Grimshaw It is Dish recipes.
[00:02:00]	Angela Hartnett And you're going to cut up some lovely mint- or I can finish the prawns, and you can do that. Some mint and coriander that we'll garnish on top.

[00:02:10]	Nick Grimshaw How you feeling about having some coriander today?
[00:02:12]	Angela Hartnett I can do it. I can do it. You know
[00:02:13]	Nick Grimshaw It's very brave.
[00:02:14]	Angela Hartnett Very brave.
[00:02:18]	Nick Grimshaw Hey, our guest today went from watching TV, on TV, to being everyone's favourite TV star who was known for watching telly on the telly.
[00:02:26]	Angela Hartnett Yeah.
[00:02:27]	Nick Grimshaw So went quite, you know, Inception. She was Queen of the Jungle and recently had a spiritual awakening with Laurence Llewelyn-Bowen.
[00:02:34]	Angela Hartnett Wow, haven't we all?
[00:02:36]	Nick Grimshaw So much to discuss! And Scarlett Moffatt is here everybody!
[00:02:43]	Nick Grimshaw Hi Scarlett Moffatt!
[00:02:45]	Scarlett Moffatt What is this entry!
[00:02:45]	Angela Hartnett Lovely to see you, you look amazing!
[00:02:46]	Scarlett Moffatt So do you!
[00:02:49]	Angela Hartnett Yeah, how are you?
[00:02:50]	Nick Grimshaw Yeah you look fab! Hiya!
[00:02:51]	Scarlett Moffatt Hello!
[00:02:52]	Nick Grimshaw You alright?
[00:02:52]	Scarlett Moffatt Yeah. Really good.
[00:02:53]	Nick Grimshaw You look so good.
[00:02:54]	Scarlett Moffatt Also can I just say I want that introduction wherever I go
[00:02:57]	Nick Grimshaw What, me introducing you to every room?
[00:02:59]	Scarlett Moffatt It was just fabulous! Just the applause, like I thought we're having some food aren't we and I'm just getting clapped for it.

[00:03:04]	Nick Grimshaw Clapped for eating.
[00:03:05]	Scarlett Moffatt Yeah!
[00:03:06]	Nick Grimshaw Yeah!
[00:03:09]	Angela Hartnett Let's get you sat down.
[00:03:09]	Nick Grimshaw Yeah let's come and have a sit.
[00:03:14]	Nick Grimshaw So we're going to have a prosecco.
[00:03:16]	Scarlett Moffatt Absolutely love it. And it's my favourite noise. You know the little pop? Yeah.
[00:03:22]	Nick Grimshaw Let's hope it's a good one.
[00:03:22]	Angela Hartnett Let's hope you pop it.
[00:03:22]	Nick Grimshaw Obviously, from Waitrose and actually shout out to Waitrose for this because they've actually done a little drawing of me and Angela on the front of the bottle.
[00:03:32]	Scarlett Moffatt Two little cherubs!
[00:03:33]	Nick Grimshaw Those little cherubs, that's actually drawings of me and Angela sharing a bath at the wrap party of an episode of this a couple of weeks ago. Yeah.
[00:03:42]	Scarlett Moffatt Yeah, yeah. You could swap heads!
[00:03:44]	Angela Hartnett You can tell can't you, looks very alike, very alike, lovely, yeah.
[00:03:47]	Nick Grimshaw Yeah nice that they did that. But I've got, I've got not a bone to pick with you because I don't work in champagne or prosecco. You say you like prosecco, I was like great, get the prosecco in for Scarlett. Went on your Instagram, bloody champagne all under the stairs.
[00:04:01]	Scarlett Moffatt Yeah because I haven't got kids or anything right? And when we were like, what should we do with the understairs space?
[00:04:08]	Angela Hartnett So this is your new barn that you're designing.
[00:04:09]	Scarlett Moffatt Yeah. And then me and Scott were like, should we have a cupboard where we keep the Hoovers? And I went nah, we'll just fill it with champers eh? And then, but like we don't really eat, like

	we're not like Michelin Star chefs like you. So no joke we'll have like a glass of Veuve with like a doner kebab. I love it yeah.
[00:04:30]	Nick Grimshaw So we only have prosecco unfortunately.
[00:04:33]	Scarlett Moffatt No I love prosecco.
[00:04:34]	Nick Grimshaw It will still be nice, let's hope we make a good noise.
[00:04:35]	Angela Hartnett Yeah.
[00:04:36]	Scarlett Moffatt Come on pop my cork. Come on.
[00:04:38]	Angela Hartnett Oh. Nice, good noise.
[00:04:40]	Nick Grimshaw Oh, that was a classic. Absolute classic. Well cheers Scarlett.
[00:04:45]	Angela Hartnett Yeah good to see you!
[00:04:45]	Scarlett Moffatt Thank you!
[00:04:45]	Nick Grimshaw Thanks for joining us.
[00:04:47]	Scarlett Moffatt Eye contact, eye contact.
[00:04:49]	Angela Hartnett Have you finished the barn, is that all done?
[00:04:52]	Scarlett Moffatt Mmmm.
[00:04:52]	Angela Hartnett Nice.
[00:04:53]	Scarlett Moffatt Oh, I was mmm-ing the prosecco, but yes.
[00:04:57]	Nick Grimshaw Yeah. Mmm.
[00:04:58]	Scarlett Moffatt Yeah, yeah, I have now. It's all done.
[00:05:00]	Nick Grimshaw It's all done. How was it doing a renovation?
[00:05:03]	Scarlett Moffatt Well, you know, doing your show.
[00:05:05]	Nick Grimshaw Yeah.
[00:05:05]	Scarlett Moffatt Like it's stressful, isn't it? I was gonna lie there and go it's been wonderful. No, I've cried.
[00:05:10]	Nick Grimshaw It's annoying.
[00:05:11]	Scarlett Moffatt A few times yeah. Stressful.

[00:05:11]	Nick Grimshaw And you don't mind doing like, let's paint this room blue or whatever.
[00:05:15]	Scarlett Moffatt Yeah.
[00.00.10]	Geariott Moriatt Touri.
[00:05:15]	Nick Grimshaw That's fun. It's when it's like, what do you do about this little wire that goes behind the wall? And only one man can do that, and he can't come til March. You're like, oh for God's sake. All that boring stuff.
[00:05:27]	Scarlett Moffatt I know.
[00:05:29]	Nick Grimshaw Not as fun as you think, is it.
[00:05:30]	Scarlett Moffatt I like just buying cushions and that, me.
[00:05:31]	Nick Grimshaw Yeah, me too.
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[00:05:32]	Scarlett Moffatt Yeah that's what I like.
[00:05:32]	Nick Grimshaw Yeah like a candle.
[00:05:34]	Scarlett Moffatt But actual like building stuff and that. No it's not for me.
[00:05:38]	Nick Grimshaw Yeah it's not, it's less fun than you think.
[00:05:40]	Scarlett Moffatt Yeah it is.
[00:05:41]	Nick Grimshaw Hey haven't you just come from another podcast?
[00:05:44]	Scarlett Moffatt I have, sorry, is that, is that dirty?
[00:05:46]	Nick Grimshaw No it's allowed!
[00:05:48]	Angela Hartnett You're cheating on us.
[00:05:49]	Nick Grimshaw How dare you! And what were you doing on that? Because this is
[00:05:52]	Scarlett Moffatt Walking!
[00:05:52]	Nick Grimshaw Walking?
[00:05:53]	Scarlett Moffatt Yeah, I know, which sounds fun, but like, right this is going to
[00:05:57]	Angela Hartnett What, recording and walking?

[00:05:58]	Scarlett Moffatt Yeah. Like this is going to make me sound ridiculous, but sometimes, like, I hate to burst anyone's bubble here, but like, tellies and podcasts, like, aren't real.
[00:06:05]	Nick Grimshaw What?
[00:06:08]	Angela Hartnett This isn't real? What's going on?
[00:06:09]	Scarlett Moffatt So sometimes, like, when they say, oh, we're going for a walk, you walk a bit and then sit down. Nah I've done 7000 steps this morning.
[00:06:16]	Nick Grimshaw Wow.
[00:06:17]	Scarlett Moffatt With Dr. Alex. Yeah. And he had walking boots on and I've got flip flops on. So I wasn't prepared.
[00:06:23]	Nick Grimshaw So you thought it was going to be, like, a little fake? But actually, you've been on a hike.
[00:06:26]	Scarlett Moffatt Oh, I was, I've got underboob sweat. Do you know what I mean? Like actually no, no, perspiration is happening. Like, yeah.
[00:06:37]	Nick Grimshaw Well for the next however long.
[00:06:39]	Angela Hartnett Yeah.
[00:06:40]	Nick Grimshaw You don't have to do nothing. You just sit down there. Angela's going to cook. We'll have a little drink.
[00:06:44]	Angela Hartnett Yeah.
[00:06:45]	Nick Grimshaw And we're going to talk about you.
[00:06:46]	Scarlett Moffatt And can I just say, Waitrose, like I feel so fancy!
[00:06:50]	Nick Grimshaw Do you?
[00:06:51]	Scarlett Moffatt Yeah, because, like, when we want, like, a fancy, if we're having, like, a date night in, we go to Waitrose, do you know what I mean? Push the boat out a bit.
[00:07:00]	Nick Grimshaw Well, this is going to be a bit like a date night.
[00:07:05]	Nick Grimshaw We were saying before, we feel like we've known you forever. And I think it's because of Gogglebox and like we've seen you like in your house with your family. Like I always think like Scarlett Moffatt's my friend. Like I know her. Does that happen a lot when

	you're out and about? Do people just come and start chatting to you and saying hiya.
[00:07:22]	Scarlett Moffatt Yeah, which is lovely, but at first, obviously it was a bit like intimidating because people just go up and I'd be like, do you think I'm someone else? And they're like no, you're Scarlett off Gogglebox like, and I'd go yeah, and they just tell me like they're life story, and I'm like ahh. In the early days, like the amount of trains that I missed because I didn't dare say to people like I've got to go for a train now and I'd just stand for half hour chatting to people. Whereas now I like chat and really polite, then I go
[00:07:51]	Angela Hartnett Yeah.
[00:07:51]	Scarlett Moffatt I have got a train to catch, I dare say that now I realise I can just
[00:07:55]	Nick Grimshaw I think it's fair to say, stood on a train station with bags. But how did it come about? How did you get involved in Gogglebox? All those years back.
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[00:08:07]	Scarlett Moffatt It was a favour to a friend.
[00:08:09]	Angela Hartnett Right okay.
[00:08:09]	Scarlett Moffatt So my friend Tommy Turnbull got a research
[00:08:12]	Nick Grimshaw Great name.
[00:08:12]	Scarlett Moffatt Yes. Such a character, isn't it a wonderful name? I can never just say, Tommy, I feel like I've got to say his full name.
[00:08:17]	Angela Hartnett Yeah.
[00:08:18]	Scarlett Moffatt And we were friends from, like, college and that. And he rang us one day. I'd actually seen, I hadn't seen him for ages because I'd been to uni and I went on a night out and we seen each other and swapped numbers. I thought I'm a great flirt. It wasn't. It was, it was a work thing.
[00.00.04]	Niels Crimehaus It was words
[00:08:34]	Nick Grimshaw It was work.
[00:08:34]	Scarlett Moffatt Yeah. He rang us and he was like, you know quite a lot of people. Do you know any families that would do this show called Gogglebox? And I was like, explain what it is to me. And he went, you watch the telly. I went uhuh. And he went that's it. I went that sounds absolutely horrific.
[00:08:50]	Scarlett Moffatt I was like, have they run out of things to show on telly now, like people watching telly? And then I rang everyone, no one wanted to do it. And when he first said he was a researcher, I thought

he'd got a science job. I thought, he was going to ask us to partake in some research thing. And then he said, oh yeah, like, can we audition your family? And I was like, yeah, if you want. And then I was like, but we don't actually want to be on telly. He was like, yeah, that's fine. Well just do the audition. And they showed us like flashcards of different people and I got confused with David Cameron and Piers Morgan. [00:09:25] Angela Hartnett Brilliant. Scarlett Moffatt Like, I thought they were the same, they looked very similar on this photo. Scarlett Moffatt And then on the Monday, we got a call saying, hey, we would like you on the show. And I was like, ahh. And at the time we got like 50 quid and a free takeaway, and I was like, ahh what's the worst that could happen? Nick Grimshaw Sign me up! Scarlett Moffatt Yeah! Nick Grimshaw And were your mum and dad up for it? Scarlett Moffatt It was actually me dad that like sort of, the man of many words, that said, well, we may as well do it, like we, we enjoy watching telly together, so why not? Angela Hartnett What have you got to lose? Scarlett Moffatt Yeah. And at the time, like we came in on series two so it wasn't even a thing, do you know what I mean? Angela Hartnett Yeah. Scarlett Moffatt So it was like, no, not even our own family members watched it, do you know what I mean? It was like a little secret sort of thing, but then all of a sudden it just, yeah, blown up. Scarlett Moffatt So it was like, no, not even our own family members watched it, do you know what I mean? It was like a little secret sort of thing, but then all of a sudden it just, yeah, blown up. Scarlett Moffatt I think maybe because we didn't actually go out searching for it. Maybe it's that why we were. Because we were just like, oh, it's a bit of fun to do. Like, why not? Ybut I'd never guessed that it would have, like, ended in an actual telly career.		
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	[00:10:33]	Angela Hartnett Yeah, yeah.

Scarlett Moffatt You know, it's a bit, it is a bit crazy. And you do it like do you have fun?
Nick Grimshaw Yeah, I do. Because, I love it because I do it with my niece.
Scarlett Moffatt Yeah.
Nick Grimshaw So it's just nice. As your dad was saying, I love watching telly with Liv. And Liv, my niece, she's like so brilliantly grumpy and like so honest. So like when someone comes on, like Madonna.
Angela Hartnett Yeah.
This gotte the state of the sta
Nick Grimshaw Now I work on the telly and the radio, so I wouldn't say anything whereas Liv goes I hate Madonna. It's so funny to hear someone say that on the telly.
Scarlett Moffatt Well, my dad would always shout at me and my mum, and go will you be quiet? And I'm like dad, we're missing the point of the show. If we do not talk about what we're seeing on the telly dad
Nick Grimshaw We'll be fired.
Scarlett Moffatt There isn't a show, there isn't a show.
Nick Grimshaw Not do the show.
Scarlett Moffatt Weirdly, like people still love, like, I think because they do reruns and stuff. People come to me and say, oh, on this one, you were really funny. And I'm like, thank you. But I haven't actually done it for like nearly seven years.
Angela Hartnett Vach
Angela Hartnett Yeah.
Nick Grimshaw Wow. Really?
Scarlett Moffatt Yeah. That's how long ago I stopped doing it.
Nick Grimshaw Wow. I feel like you stopped like, last week.
Scarlett Moffatt Yeah I know!
Nick Grimshaw In my head I'm like
Scarlett Moffatt Even sometimes I'm like, wow, I can't believe that it was that long ago.

[00:11:39]	Angela Hartnett Excuse me a moment, I'm just going to get you some food.
[00:11:41]	Nick Grimshaw Oh, yeah.
[00:11:42]	Scarlett Moffatt So excited.
[00:11:43]	Nick Grimshaw Talk to me about food in your family. Was it a big thing in your lives? Was there a big cook at home?
[00:11:49]	Scarlett Moffatt Like what, like traditional stuff, as in like traditional northern stuff.
[00:11:53]	Nick Grimshaw Yeah.
[00:11:54]	Scarlett Moffatt So parmos, have you ever had a parmo?
[00:11:56]	Nick Grimshaw I've had a parmo.
[00:11:57]	Angela Hartnett What's a parmo?
[00:11:57]	Scarlett Moffatt Oh, wait til you hear this. Unbelievable it is. So you get a chicken breast.
[00:12:02]	Angela Hartnett Yeah.
[00:12:03]	Scarlett Moffatt Breaded, then béchamel sauce, then cheese on top, then chips on top of that, then more cheese, then garlic sauce. Unreal.
[00:12:12]	Nick Grimshaw Out of control.
[00:12:14]	Angela Hartnett Hold on, so that's just like all piled up on top of one another.
[00:12:17]	Nick Grimshaw Yeah.
[00:12:17]	Scarlett Moffatt Yeah. Beautiful.
[00:12:19]	Nick Grimshaw Absolutely delicious.
[00:12:19]	Angela Hartnett Never heard of that in my life.
[00:12:20]	Nick Grimshaw You know when it is best enjoyed Angela?
[00:12:23]	Angela Hartnett When's that, after a hangover?
[00:12:24]	Nick Grimshaw No, I'd say about 3am.
[00:12:26]	Scarlett Moffatt Yes.

[00:12:28]	Nick Grimshaw After about 25 pints.
[00:12:28]	Scarlett Moffatt But like we were into, like, buffets.
[00:12:31]	Nick Grimshaw Yeah. Oh I love buffets.
[00:12:32]	Scarlett Moffatt So we love a beige buffet in our house to be fair.
[00:12:35]	Nick Grimshaw Yeah.
[00:12:35]	Scarlett Moffatt So whenever there's, like, just an excuse for a party, really, and then me mum will like, make sausage rolls but from scratch.
[00:12:42]	Nick Grimshaw Wow yeah.
[00:12:43]	Scarlett Moffatt Like not just bang them in the oven, like actual from scratch and that, with real sausages.
[00:12:46]	Nick Grimshaw Do you have a favourite beige buffet moment?
[00:12:48]	Scarlett Moffatt Oh, scotch egg.
[00:12:49]	Nick Grimshaw Ah love a scotch egg.
[00:12:51]	Scarlett Moffatt Scotch egg but with chocolate spread.
[00:12:52]	Nick Grimshaw What?
[00:12:53]	Scarlett Moffatt I know. Now, I know, I know that does sound like a pregnancy craving.
[00:12:56]	Nick Grimshaw Angela's just collapsed.
[00:12:59]	Angela Hartnett I'm just silent in shock, I mean chocolate and venison maybe, but scotch egg. Go on.
[00:13:04]	Nick Grimshaw Oh, yeah. There we go.
[00:13:05]	Scarlett Moffatt Because it's like this savoury and sweet combo.
[00:13:09]	Angela Hartnett That I get, it's a pineapple and ham isn't it, it's that whole thing, yeah.
[00:13:13]	Scarlett Moffatt Because basically, what happened is, one time I sound like I'm just drunk the whole time, not doing much for stereotypes of Northerners am I? But like I'd come in and all we had in the fridge was scotch eggs and I thought, I can't have them dry. That's dirty.

[00:13:25]	Nick Grimshaw No you can't have at dry.
[00.13.23]	NICK Griffshaw No you can thave at dry.
[00:13:26]	Scarlett Moffatt So we had chocolate spread. And so it just
[00:13:31]	Nick Grimshaw You know what, with the meat yeah. The egg, no.
[00:13:35]	Scarlett Moffatt It was lovely. And I remember now, I was sat
[00.13.33]	watching Bottom on the telly in just me pants eating scotch egg and chocolate spread. And my mum came in and went, this is why you haven't got a boyfriend. And I sort of like, yeah, pulled my finger out.
	Like actually, yeah you're right, it's 4 o'clock.
[00:13:54]	Nick Grimshaw You're right, yeah.
[00.10.01]	THOR CHINOTICAL TOUTO HIGH, Your.
[00:13:55]	Scarlett Moffatt It was one of them realisation moments for us.
100 40 501	
[00:13:58]	Nick Grimshaw Yeah. Maybe, yeah, maybe you're right actually.
[00:14:01]	Scarlett Moffatt So I feel like it holds a special place in my heart, scotch egg and chocolate cause it helped us sort me life out.
[00:14:05]	Nick Grimshaw Yeah. That was your motivational moment.
[00:44:07]	Coordett Maffatt Vach was we say do this
[00:14:07]	Scarlett Moffatt Yeah, woo we can do this.
[00:14:08]	Nick Grimshaw Yeah, who needs a TED talk? You just need that. Like you said, you had to have something wet with your egg.
[00:14:15]	Scarlett Moffatt Yeah.
[00:14:15]	Nick Grimshaw With your scotch egg. I remember when I said I was moving to London, my gran's instant response. My gran went ohh London, they don't have ought wet on their tea down there. And I was like, what you on about? She was like, they don't have ought wet.
[00:14:28]	Scarlett Moffatt It is very dry.
[00:14:30]	Nick Grimshaw Ought wet on their tea, I love that.
[00:14:30]	Scarlett Moffatt I do know what you mean though, it's very dry.
[00:14:33]	Nick Grimshaw Yeah, we have gravy on everything.
[00:14:35]	Scarlett Moffatt Yeah, just have on gravy on gravy.
[[00.17.00]	Godinett Monatt Team, just mave on gravy on gravy.
[00:14:37]	Nick Grimshaw Yeah rice krispies.
[00:14:38]	Scarlett Moffatt Yeah.

for, for your snacks? We always try and have healthy, and then we always request healthy. And then lasts a little bit. [00:14:56] Scarlett Moffatt That's what we done, we were like carrot sticks, houmus. [00:14:56] Nick Grimshaw Yeah we're like carrots, grapes. [00:15:00] Angela Hartnett I never see you eat that, you're always eating crisp at the crisps I'm not, um, I'm not funny on carrots are you? [00:15:02] Nick Grimshaw Yeah I do eat loads of crisps, yeah, because unless eat the crisps I'm not, um, I'm not funny on carrots are you? [00:15:10] Angela Hartnett No. [00:15:10] Scarlett Moffatt I know what you mean. [00:15:11] Nick Grimshaw No one's funny on carrots [00:15:12] Scarlett Moffatt No good stories start with carrot sticks. [00:15:14] Nick Grimshaw No, they don't do they? [00:15:19] Scarlett Moffatt Yeah. So buttery bread. [00:15:21] Angela Hartnett Yeah. [00:15:21] Angela Hartnett Cheese and onion crisps. Sliced banana. [00:15:24] Angela Hartnett Cheese and onion. I could see that working. [00:15:27] Nick Grimshaw Yeah. Scarlett Moffatt Do you know what, this is giving me the confidence to become a chef, this.	[00:14:42]	Scarlett Moffatt Look, at that. That looks beautiful.
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[00:15:33] Angela Hartnett Can you start Monday? We're short-staffed.	[00:15:27]	Scarlett Moffatt Do you know what, this is giving me the confidence to become a chef, this.
	[00:15:33]	Angela Hartnett Can you start Monday? We're short-staffed.
[00:15:35] Scarlett Moffatt Yeah, yeah, I can.	[00:15:35]	Scarlett Moffatt Yeah, yeah, I can.
[00:15:36] Nick Grimshaw Yeah, get in there at Murano!	[00:15:36]	Nick Grimshaw Yeah, get in there at Murano!

[00:15:37]	Scarlett Moffatt I tell you another of one of the things that I love, and it comes from my student days. Because cheese is very expensive when you're a student.
[00:15:43]	Angela Hartnett Yeah.
[00:45:40]	Niels Crimede and Veels when you're a student the relevable wellow and
[00:15:43]	Nick Grimshaw Yeah when you're a student, there's yellow and orange.
[00:15:46]	Scarlett Moffatt Yeah.
[00:15:46]	Nick Grimshaw That's the flavours. Did you want yellow or orange?
[00:15:52]	Scarlett Moffatt You're actually right there. Nought with bits in, nought with bits in. So we would make beans on toast.
[00:15:56]	Nick Grimshaw Yeah.
[00:15:56]	Angela Hartnett Yeah.
[00:15:57]	Scarlett Moffatt Sprinkle Wotsits on top.
[00:15:59]	Nick Grimshaw Oh I like the sound of that. The crunch.
[00:16:01]	Scarlett Moffatt Yeah!
[00:16:03]	Angela Hartnett You need the texture you see.
[00:16:04]	Scarlett Moffatt Yeah.
[00:16:05]	Nick Grimshaw And more cheesy than cheese, are Wotsits.
[00:16:07]	Scarlett Moffatt Yeah. Oh I'm fancy with the textures and that.
[00:16:09]	Nick Grimshaw Yeah.
[00:16:10]	Angela Hartnett Right, there you go, my dear.
[00:16:11]	Scarlett Moffatt Thank you very much.
[00:16:13]	Nick Grimshaw Thank you. And then we're just going to sprinkle some Wotsits on top.
[00:16:18]	Angela Hartnett Shall I get the Nutella out the fridge?
[00:16:19]	Nick Grimshaw Yeah, yeah.
[00:16:21]	Nick Grimshaw Am I opening one of these wines?
[00:16:23]	Angela Hartnett Drinking, eating

[00:16:25]	Nick Grimshaw Oh these look very chic.
[00:16:26]	Angela Hartnett Very chic.
[00:16:27]	Nick Grimshaw I'm going to go on a wine course.
[00:16:29]	Scarlett Moffatt Are you actually?
[00:16:29]	Nick Grimshaw Yeah.
[00:16:30]	Scarlett Moffatt I'd love that.
[00:16:31]	Nick Grimshaw I'd love it because I don't want to know everything. But you just, so you know, because when someone does it and you're like, oh, yeah, get it.
[00:16:37]	Scarlett Moffatt Yeah.
[00:16:38]	Nick Grimshaw Hi, I'm old!
[00:16:41]	Scarlett Moffatt That's things you say as an adult, isn't it? Yeah.
[00:16:42]	Nick Grimshaw Yeah, do you know what though, what made me want to do it. Me and my mum went on holiday. And we went to this nice restaurant and they were like, oh, we suggest this wine with it whatever it was. My mum was like mm I wouldn't have that, bit fruity that. And I was like, well, he knows because he works here and he's made the food. And I tried it and my mum was like, yeah, do it, but I'm sure it won't be nice. And it was banging and my mum was like, oh my gosh it's so right.
[00:17:06]	Scarlett Moffatt Yeah I want to do that.
[00:17:06]	Scarlett Moriatt Team I Want to do that.
[00:17:07]	Angela Hartnett Yeah.
[00:17:08]	Scarlett Moffatt I've only, I've had like, for my boyfriend's birthday before, I got like a chef in and he paired the wine and that was really fun.
[00:17:16]	Angela Hartnett Fancy, nice, yeah.
[00:17:17]	Nick Grimshaw Yeah, I want to learn that.
[00:17:18]	Scarlett Moffatt And he was like, pairing your wine is like adding salt and pepper seasoning. And I was like, ooh.
[00:17:24]	Nick Grimshaw I'm not drinking, it's just seasoning!
[00:17:32]	Nick Grimshaw Right Angela.

[00:17:32]	Angela Hartnett Yes.
[00:17:32]	Nick Grimshaw Tell us again what we've got here cause it smells and looks amazing.
[00:17:34]	Angela Hartnett So we've got a lovely prawn and coconut curry with some lovely finished mint and coriander on a bed of rice.
[00:17:42]	Nick Grimshaw Delicious.
[00:17:43]	Angela Hartnett Not too hot, a little bit of spice, but not a huge amount. You like prawns don't you Scarlett? Yeah.
[00:17:49]	Scarlett Moffatt Mmm.
[00:17:50]	Nick Grimshaw Mmm.
[00:17:51]	Nick Grimshaw So tell me about what are you doing with lan Sterling? What's this show? Come on, talk to us about it.
[00:17:56]	Scarlett Moffatt So I do, well to be honest with you I forget it's a show sometimes, I forget we're getting filmed. You know, like one of them that's just a laugh.
[00:18:01]	Angela Hartnett It's a bit like this.
[00.10.01]	Angela Harthett it's a bit like this.
[00:18:01]	Scarlett Moffatt Yeah.
[00:40:00]	Avarala Hautusett Lika thia Wash
[00:18:02]	Angela Hartnett Like this. Yeah.
[00:18:03]	Scarlett Moffatt So it's called CelebAbility, and it's always on after Love Island. So it's like It's funny seeing the contrast of, like, Love Island people and then me and Ian come on the screen. It is quite funny to be honest. But we just have a laugh, we just make everyone play silly games and help people win prizes. So I'm on the like team where it's like members of the public. So I take it very seriously because I'm like, no, I want them to win.
[00:18:32]	Angela Hartnett Yeah, nice.
[00:18:33]	Scarlett Moffatt Because you can win like trips to like Paris and stuff.
[00:18:35]	Angela Hartnett That's alright isn't it?
[00:18:36]	Scarlett Moffatt Yeah. So we're just, we just have a ball.
[00:18:38]	Nick Grimshaw You just have a laugh.
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[00:18:38]	Scarlett Moffatt It just sounds really bigheaded but I just really like enjoy life, whatever I do.
[00:18:43]	Angela Hartnett Yeah.
[00:18:43]	Scarlett Moffatt You know, like I always, before I knew that this was going to be like an actual occupation, I was like, I don't really mind where it ends up because.
[00:18:50]	Angela Hartnett Yeah.
[00:18:50]	Scarlett Moffatt I really enjoyed being a teacher.
[00:18:52]	Nick Grimshaw Mm hmm.
[00:18:53]	Scarlett Moffatt But then
[00:18:54]	Angela Hartnett I think that's why you come across so well, because you do it naturally. And, you know, it's not like you're false or you know, you're just yourself, you know? Yeah, exactly.
[00:19:03]	Scarlett Moffatt I couldn't do acting. Unless the character was a Northern lass who's sometimes on the telly, I'd be rubbish.
[00:19:13]	Nick Grimshaw Literally go south. So after you went into the jungle, we got to talk about the jungle in a second. After that you ended up like just being on Ant and Dec's Saturday Night Takeaway with them!
[00:19:24]	Scarlett Moffatt Do you know what, they were like It was so weird because I wrote a book and at the very beginning when I first started Gogglebox because I loved like English and reading and stuff, never thinking it would ever get like published one day. And then in it was like dream jobs. And one of them jobs was to be a sidekick of Ant and Dec.
[00:19:41]	Nick Grimshaw No way.
[00:19:41]	Scarlett Moffatt And I feel like I sort of like manifested it.
[00:19:44]	Nick Grimshaw You're a witch.
[00:19:44]	Scarlett Moffatt Before I even knew what manifestation was. But, do you know what, I feel very lucky that, you know, like I get to call like Ant and Dec friends, because I think it was like going to university for TV presenting.
[00:19:57]	Nick Grimshaw Yeah.
[00:19:58]	Angela Hartnett Yeah.

[00:19:58]	Scarlett Moffatt They gave me so many great tips and.
[00.13.30]	Carlett Monatt They gave me so many great ups and.
[00:20:01]	Angela Hartnett Yeah so good.
[00:=0:0:]	Tangona ranonous roum oo goodi
[00:20:01]	Scarlett Moffatt Like one of the good tips that Dec gave me was, if you like, work with people who haven't done telly before or are a bit nervous, make a mistake so that they know it's okay to make mistakes. And I always do that and it really, really helps. And I'm like, oh.
[00:20:16]	Angela Hartnett That's very kind isn't it?
[00.20.10]	Trigola Harthott Hato vory kina lone it.
[00:20:18]	Nick Grimshaw I thought at first she said, make them a steak.
[00:20:20]	Angela Hartnett Yeah.
[00:20:22]	Nick Grimshaw And I was like right?
[00:20:24]	Scarlett Moffatt Medium rare madam.
[00:20:24]	Scariett Worldtt Medium fale Madam.
[00:20:24]	Nick Grimshaw Yeah right. Bit weird, Dec with his frying pan. Like, then I was like a mistake. Yeah, that does make sense. That makes more sense yeah. But they're so good and they're so good at their job and were they, I imagine, really welcoming to you because you know, a similar neck of the woods?
[00:20:43]	Scarlett Moffatt Yeah.
[00:20:44]	Nick Grimshaw Yeah?
[00.20.44]	NICK GIIIISIIAW TEAIT!
[00:20:46]	Scarlett Moffatt Us Northerners have to stick together, don't we? Yeah, like especially when I first moved to London, like I didn't really have any friends because like, you know, I've never been down here before. I wasn't from the industry.
[00:20:55]	Nick Grimshaw Yeah.
[00.20.00]	INICK CHIHISHAW TOAH.
[00:20:56]	Scarlett Moffatt The only other thing I'd done was watch telly with my mum and dad. So they like let us go to the house on a weekend and go for Sunday dinner with them.
[00:21:02]	Angela Hartnett Nice.
[00:21:03]	Scarlett Moffatt And one of the best things that ever happened, actually, and I still talk about this, is like I know it sounds so big headed, but it was just one of them moments where I was like, this has happened.
[00:21:13]	Angela Hartnett Yeah.
[00.21.10]	Angola Harthott Toan.

[00:21:13]	Scarlett Moffatt We went for a Sunday dinner and this Brazilian girl came up and was like, oh, excuse me, like, can we have a photo? And Dec was like, yeah, yeah, of course. And they were like, thank you. And then she stood next to me. And they were like, oh Gogglebox girl. And I was like wheyyy. I was like, in your face. I was like that would never, ever happen again and it never did happen again after that.
[00:21:39]	Nick Grimshaw I love the idea of you moving to London and having no friends, just Ant and Dec.
[00:21:45]	Angela Hartnett Round for Sunday tea, loving it.
[00:21:47]	Nick Grimshaw My only two friends, Ant and Dec. So would Ant and Dec ever cook or was it a bit chef-y around there's.
[00:21:51]	Scarlett Moffatt Yeah they would actually, yeah.
[00:21:53]	Nick Grimshaw Who was the better cook?
[00:21:54]	Scarlett Moffatt Ant's like barbecuer.
[00:21:56]	Angela Hartnett Yeah, okay yeah.
[00:21:59]	Scarlett Moffatt I do try and cook though you know.
[00:21:59]	Nick Grimshaw Yeah?
[00:22:00]	Scarlett Moffatt And I do like, enjoy sort of like going online and looking at like recipes and stuff. I really try, I find it quite therapeutic.
[00:22:08]	Angela Hartnett That's good though, yeah.
[00:22:08]	Scarlett Moffatt Even if at the end it tastes rubbish I'm like I made that.
[00:22:10]	Angela Hartnett Yeah.
[00:22:11]	Angela Hartnett Of course it's something to be proud of.
[00:22:12]	Nick Grimshaw It is quite nice I think when you've got a mad job of like being on the telly and like running around and it's quite nice just to be on your own, I think and cook in your kitchen.
[00:22:21]	Scarlett Moffatt Yeah, I love it. It's very therapeutic.
[00:22:23]	Nick Grimshaw Yeah so
[00:22:24]	Angela Hartnett And if you've got a massive kitchen at the place, yeah? I love going to people's houses and rooting through their kitchen. Have you got untidy drawers?

[00:22:31]	Scarlett Moffatt I mean, I feel like you're not human if you don't have At least you've got around at least one drawer that's full of like old batteries and things that you don't know what they open and stuff.
[00:22:46]	Angela Hartnett Yeah.
[00:22:47]	Nick Grimshaw I've got messy cupboards but to me they make perfect sense.
[00:22:52]	Angela Hartnett Yeah of course they do.
[00:22:53]	Nick Grimshaw Like where all the food is.
[00:22:54]	Angela Hartnett Yeah.
[00:22:54]	Nick Grimshaw Is yours like militant Angela?
[00:22:56]	Angela Hartnett Oh God you're kidding me? I wish. It's so messy, but I know where everything is because I'm the only one in our house that tidies it.
[00:23:04]	Nick Grimshaw Oh shout out to Neil.
[00:23:07]	Angela Hartnett When I tidy it I know where everything is. And then, then I get the question and then I get the thing of, well, we can't touch it because you tidied it. So you know where everything is which drives me equally as insane.
[00:23:15]	Scarlett Moffatt I'm like that but with my floor-drobe.
[00:23:17]	Angela Hartnett Okay.
[00:23:19]	Scarlett Moffatt I call it a floor-drobe because I know where all the clothes are.
[00:23:21]	Angela Hartnett On the floor?
[00:23:23]	Nick Grimshaw And you have piles like that is clean, that's like a bit clean.
[00:23:26]	Scarlett Moffatt Just do, just do the old sniff test don't you? That'll do.
[00:23:33]	Nick Grimshaw We've got to go back and talk about the jungle, because Angela got asked to be on it the other day.
[00:23:39]	Angela Hartnett No not doing it.
[00:23:40]	Scarlett Moffatt Why? Why?

[00:23:41]	Angela Hartnett Well, I've got Peru, obviously. That's big in my diary.
[00:23:45]	Scarlett Moffatt What? Right. Right.
[00.20.10]	Godffote Morface What. Tright. Tright.
[00:23:46]	Nick Grimshaw Obviously Peru.
[00:23:48]	Scarlett Moffatt No, I'm putting my knife and fork down for this.
[00:23:50]	Angela Hartnett What persuaded you to do it? Tell me that first.
[00:23:53]	Scarlett Moffatt Well, I was a fan of the show.
[00:23:55]	Angela Hartnett Okay right.
[00:23:56]	Scarlett Moffatt But also Peru's not going anywhere.
[00:23:57]	Angela Hartnett Someone else said that, second person who's said that today!
[00:24:03]	Nick Grimshaw Machu Picchu, it's there for centuries!
[00:24:04]	Scarlett Moffatt I've been there for hundreds of years. It's going nowhere.
[00:24:08]	Angela Hartnett I know, I know. But I wouldn't, I don't think I'd like all the challenges, if I'm honest. I mean
[00:24:14]	Nick Grimshaw You can't just go on holiday to Australia.
[00:24:15]	Scarlett Moffatt That is the whole point of the show.
[00:24:18]	Angela Hartnett Yeah. Yeah, exactly. I'm a bit like your dad, you see? Yeah.
[00:24:23]	Nick Grimshaw Do Gogglebox but not talking.
[00:24:23]	Angela Hartnett Yeah, exactly.
[00:24:24]	Scarlett Moffatt You know what? I think you'd really enjoy it because you like a challenge.
[00:24:27]	Angela Hartnett Yeah.
[00:24:28]	Scarlett Moffatt And that's what it is. It's like it's more of a challenge to yourself, like, because now I'm the chief spider getter in my house.
[00:24:36]	Angela Hartnett Right yeah.
	

[00:24:36]	Scarlett Moffatt And I find that wonderful. If there's a spider in the house, you know, Scott's like Scarlett, there's a big spider there and I'm like
[00:24:42]	Nick Grimshaw You're like Steve Irwin.
[00:24:43]	Angela Hartnett Yeah, yeah, yeah.
[00:24:44]	Scarlett Moffatt And I just think you get over things. And when you're in there, like, you realise you can, you sort of feel a bit invincible after.
[00:24:51]	Angela Hartnett Yeah.
[00:24:51]	Scarlett Moffatt Cause you're like oh I can do anything really, because all you've gotta do is like, say, if there was a challenge like I don't know, going in a cave full of water with rats, you'd be like, but I know that it's only gonna last 5 minutes and it's just 5 minutes.
[00:25:05]	Nick Grimshaw I don't know if I could do it.
[00:25:06]	Angela Hartnett Oh yeah. Those 5 minutes of hell.
[00:25:07]	Nick Grimshaw I don't like it when they do, put your hand in something and you don't know what it is.
[00:25:11]	Angela Hartnett You gotta feel what it is, yeah.
[00:25:12]	Nick Grimshaw And it's just like a hole you've got put your hand in and then they put a camera in, so we're watching it and it's like, I don't know, a big blob full of scorpions.
[00:25:19]	Angela Hartnett Yeah.
[00:25:20]	Nick Grimshaw And you're like oh I can't find the star.
[00:25:21]	Scarlett Moffatt But what's the worst thing that can happen?
[00:25:23]	Nick Grimshaw You'd get your hand bit off.
[00:25:24]	Scarlett Moffatt Oh, it's all right man.
[00:25:27]	Angela Hartnett It's alright man!
[00:25:27]	Scarlett Moffatt They've got medics, they've got Bob the medic.
[00:25:29]	Nick Grimshaw Yeah, Bob the medic is there.
[00:25:30]	Angela Hartnett Yeah, yeah.

[00:25:32]	Scarlett Moffatt But now I can go in lifts. Because I couldn't go in lifts before because I'd get really claustrophobic and now I'm like, well, I've done it with rats in like, this is just a couple of people from the reception area. What about Strictly, would you do Strictly?
[00:25:49]	Nick Grimshaw She's got Peru!
[00:25:51]	Angela Hartnett That I would do more than the jungle because you'd learn to dance and I'd love to learn to dance properly. And you'd lose weight. It'd be like going on a health farm for a few weeks.
[00:25:59]	Scarlett Moffatt What do you think the jungle's like?
[00:26:01]	Angela Hartnett Yeah, that's true!
[00:26:02]	Nick Grimshaw That's starvation.
[00:26:04]	Angela Hartnett That is starvation, yeah. Yeah.
[00:26:06]	Nick Grimshaw You know, you were saying about telly being fake. What are you eating? When it's like rice and beans, are you eating just rice and beans?
[00:26:11]	Scarlett Moffatt You're not getting a bacon butty on the side.
[00:26:12]	Angela Hartnett Really?
[00:26:13]	Scarlett Moffatt To be honest with you, I actually think it comes across better when you watch it on telly, like it's actually worse in real life.
[00:26:20]	Nick Grimshaw You get worse food than what we see?
[00:26:21]	Scarlett Moffatt Yeah because, like you know, when that basket comes down, when you win a trial and like, oh, you've got crocodile feet and this vegetable you've never heard of. Oh, yeah, like you get a couple of fingers each.
[00:26:31]	Scarlett Moffatt Sorry that's
[00:26:35]	Nick Grimshaw Back to the food.
[00:26:36]	Angela Hartnett Yeah exactly.
[00:26:36]	Scarlett Moffatt It's like only a tiny, do you know what I mean, you don't get a lot at all. And like, you know, all of the, if you ever did go on like a trial.
[00:26:44]	Angela Hartnett Yeah.

[00:26:45]	Scarlett Moffatt None of the crew were allowed to talk to you. They'd have, like, stickers, over their watches so you didn't know what time it was.
[00:26:51]	Angela Hartnett It's like torture.
[00:26:52]	Scarlett Moffatt It was like, and they don't show any of that. So I feel like,.
[00:26:55]	Angela Hartnett Yeah.
[00:26:55]	Scarlett Moffatt It's actually worse than what you think. Sorry I'm not selling it!
[00:26:57]	Angela Hartnett So you're really convincing me there then.
[00:27:00]	Nick Grimshaw Shout out to ITV there, that's everyone cancelling this year.
[00:27:05]	Nick Grimshaw The other thing I want to talk to you about is, the TV show which is even madder than I'm A Celebrity, Get Me Out Of Here, is A Pilgrimage with Laurence Llewelyn-Bowen.
[00:27:14]	Angela Hartnett Oh, yes.
[00:07:44]	
[00:27:14]	Scarlett Moffatt Yes. Okay.
[00:27:15]	Nick Grimshaw So talk to me about this show, because this was, what, a group of celebrities all going on a pilgrimage.
[00:27:20]	Scarlett Moffatt Yeah. And like like, I'll be totally honest, like, I knew it would be an experience, but I didn't think it would be as, like, deep as it was, to be honest, because I never really sort of like, knew if someone was to say what religion are you, I knew that I believed in God, but I didn't really know what sort of like box to put myself in, or anything. And by the end I could actually say like, oh yeah, I'm a Christian. Which was really exciting to actually sort of know what my beliefs were and things. But um, yeah, obviously I did it with Laurence Llewelyn-Bowen, who I love dearly, but we just had, we just had a couple of like yeah.
[00:27:56]	Nick Grimshaw Did you?
[00:27:57]	Scarlett Moffatt Well not like, basically, like one day they were saying, him and Nick, was saying how they thought that like all church services should be in Latin. And I was like, well, who speaks Latin nowadays man, like. So then we just, we had like lots of chats, but I think it was good. Like, I like a debate and like, you know, I've not really been able to do that on telly before, so I really enjoyed it.

[00:28:19]	Nick Grimshaw Wow. And where was the pilgrimage? Where did you go?
[00:28:22]	Scarlett Moffatt Well, we were meant to do it, think we were meant to do it in St. Lucia. But COVID happened so we did it in Derry. So yeah, swings and roundabouts yeah.
[00:28:33]	Nick Grimshaw Wait I put two prawns in at once. That was greedy.
[00:28:38]	Scarlett Moffatt They're so tasty.
[00:28:41]	Nick Grimshaw Mm hmm. Do you ever cook a prawn like that?
[00:28:44]	Scarlett Moffatt I love a prawn.
[00:28:44]	Nick Grimshaw I never cook a prawn though.
[00:28:45]	Scarlett Moffatt Do you not?
[00:28:46]	Angela Hartnett Do you like oysters?
[00:28:47]	Scarlett Moffatt Oh, I love an oyster! With a bit of Tabasco sauce.
[00:28:51]	Angela Hartnett Yeah, I love it with Tabasco.
[00:28:53]	Scarlett Moffatt But I feel like that's when you know you're an adult, when you start liking stuff like olives and prawns, because I got to about 27 and I was like, oh, they don't taste like funky grapes, they're actually really nice.
[00:29:04]	Nick Grimshaw They're actually alright. There's a moment where you realise, like when you see, when you were younger, and like your mum would have a glass of wine, and you'd be like, ew what is that? And now you're like, yum.
[00:29:16]	Scarlett Moffatt Now I'm not sad!
[00:29:18]	Nick Grimshaw I'm happy and sad now.
[00:29:22]	Nick Grimshaw So talk to us what else you're up to, Scarlett, because I know that you are forever busy and forever working.
[00:29:28]	Scarlett Moffatt I've just done my first documentary.
[00:29:31]	Angela Hartnett About?
[00:29:32]	Scarlett Moffatt I've got a newfound respect for Louis Theroux. Cause it is hard.
[00:29:35]	Nick Grimshaw Yeah. Before that she thought he was rubbish.

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[00:29:41]	Scarlett Moffatt Love Louis Theroux. No, it's about. So basically when I was younger, I had tics, like. Which is like a mild form of Tourette's. And after COVID, like halfway through, Great Ormond Street started seeing, like, this huge increase in teenage girls. So before they would get referred, maybe like four to five girls a year.
[00:29:58]	Nick Grimshaw Yeah.
[00:29:59]	Scarlett Moffatt And then six months into the pandemic, they were seeing four to five a week.
[00:30:02]	Angela Hartnett Wow.
[00:30:02]	Angela Hartnett And do you think that's all stress related then, the nervousness and anxiousness.
[00:30:06]	Scarlett Moffatt Yeah. So when I read that, I was like, oh, I knew how lonely it felt.
[00:30:09]	Angela Hartnett Yeah.
[00:30:10]	Scarlett Moffatt Sort of. And scary, like not being able to control your own body. You know, when I had it, so I thought, I really want to, like, try and somehow tell people about it.
[00:30:20]	Angela Hartnett Yeah.
[00:30:21]	Scarlett Moffatt And then Channel Four let us make a documentary which was wonderful.
[00:30:24]	Nick Grimshaw And how was it, going to do something like that, so different to what you'd normally do on telly.
00:30:29]	Scarlett Moffatt [It was really hard, you know, like it was actually. Because I'm quite a people pleaser and it was hard asking difficult questions. Like I found it really hard, but I think I definitely learnt loads and I'd love to do a documentary again. And then I'm doing a show for BBC One called Scarlett's Driving School because I still haven't passed my driving test yet. I failed thirteen times.
[00:30:50]	Nick Grimshaw No way. You have not. Scarlett!
[00:30:54]	Scarlett Moffatt I'm 31 and I've been learning since I was 17.
[00:30:57]	Angela Hartnett Well what are you failing on?
[00:30:59]	Scarlett Moffatt Just driving.
[00:30:59]	Angela Hartnett Just driving. Just get a chauffeur!

[00:31:02]	Nick Grimshaw Do you know what though, I've heard that the most intelligent people can't pass the driving test.
[00:31:09]	Angela Hartnett There you go.
[00:31:09]	Nick Grimshaw And to be fair, two people I know who I'd say are the smartest, like A* GCSEs, A-levels, one did physics at uni like super smart. Cannot drive. Cannot pass the test. I passed first time.
[00:31:22]	Scarlett Moffatt Did you?
[00:31:24]	Nick Grimshaw Like that.
[00:31:25]	Scarlett Moffatt See me theory I've had to pass first time for five times, you know, cause it runs out after a while, but I can pass that straight away. But it's just the driving. So then I tried to get other people who were as bad as me. Like other people who've failed, like, nine times and stuff.
[00:31:40]	Angela Hartnett Yeah. And are you going to try and get them to pass their test?
[00:31:44]	Scarlett Moffatt We're all going to. So in September we're all Yeah. So we're filming again in September to film everyone's tests.
[00:31:51]	Nick Grimshaw Oh, my God.
[00:31:53]	Scarlett Moffatt I know.
[00:31:53]	Nick Grimshaw So you're not teaching them, obviously? No.
[00:31:55]	Scarlett Moffatt Oh, you're joking aren't you?
[00:31:58]	Nick Grimshaw No you're going for your test. Do you remember when Driving School was on with Maureen, do you remember Maureen from Driving School?
[00:32:02]	Scarlett Moffatt If she was honestly, if, like, her show was on now, she would be TikTok famous.
[00:32:07]	Nick Grimshaw Oh, yeah, yeah.
[00:32:08]	Scarlett Moffatt She would have brand deals coming out of
[00:32:11]	Nick Grimshaw Oh, hundred percent. Not with cars. Not with cars, but with something. Oh amazing. I love that you're doing both of those. So we have the documentary.
[00:32:20]	Angela Hartnett Yeah.

[00:32:21]	Nick Grimshaw And then also your driving school.
[00:32:22]	Scarlett Moffatt Yeah.
[00:32:23]	Nick Grimshaw When can we see your documentary?
[00:32:24]	Angela Hartnett Yeah.
[00:32:24]	Scarlett Moffatt You can watch it on All 4.
[00:32:27]	Nick Grimshaw We'll watch it on All 4.
[00:32:27]	Angela Hartnett Love it, we'll love it.
[00:32:27]	Nick Grimshaw And Scarlett, thank you so much for coming round to see us at Dish.
[00:32:30]	Angela Hartnett You're a star.
[00:32:31]	Scarlett Moffatt I thought that was water, it's prosecco!
[00:32:39]	Angela Hartnett We get them every time!
[00:32:43]	Nick Grimshaw Scarlett Moffatt, everybody!
[00:32:53]	Nick Grimshaw Follow Dish from Waitrose wherever you get your podcasts. And why not leave us a review on Spotify and Apple Podcasts? We would love it, please, and make it positive, only if you liked it. Don't lie.
[00:33:04]	Angela Hartnett All the recipes and drinks can be found on the Waitrose website at waitrose.com/dishrecipes.
[00:33:11]	Nick Grimshaw Have you ever wanted to ask Angela Hartnett a food related question? Well, now you can. You can get some Michelin Star advice by emailing dish@waitrose.co.uk